

COMPUTER VISION SCREENING

Anyone who works on a computer should have their binocular function evaluated, how your eyes work together; the layout of your workspace, ergonomics, and your light source should be evaluated as well.

If you are using your eyes correctly and your work space is set up properly, computer work can be a comfortable rewarding endeavor. How many of us use a computer and find that our eyes burn and our necks and arms ache?

Computer Vision Screening: \$25.00

Did you know that there are lenses available specifically for computer use?

VISION THERAPY

With the increased demands on our eyes and vision, it is important to be using them properly. Vision therapy provides exercises that allow you to use your eyes and eye muscles more efficiently.

Initial evaluation: \$60.00

Follow up appointments: \$45.00

Okay, so we have talked about testing that can document and/or detect issues before they arise. We have mentioned ergonomics and therapy to help your eyes work better.

HOW ABOUT SOME SIMPLE PROTECTION?

1. Sunglasses to block UV rays which lead to cataracts.
2. Sport glasses that prevent ocular injury whether you are playing baseball, riding your bicycle, traveling by motorcycle, or swimming.
3. A spare pair of glasses "just in case": your good pair breaks; you can't wear your contacts; or you lose your good pair.

DIET AND NUTRITION

We offer nutritional advice on proper diet and supplements to help you maintain healthy eyes! We are distributors for Nordic Naturals and Simulasian Eye Drops.

Dr. Laura Anne Potvin, P.C.
is proud to offer you affordable, state of the art care in the form of prevention, documentation and protection.

Ask about Care Credit,
a year's worth of financing with
no interest!

Ask about our second pair discounts,
good for sunglasses, computer lenses and
spare pairs.

Ask about our discount line.

Ask about what you can do to keep your
eyes working well, staying healthy and
seeing strong.

ASK!!!

We are here to help you!

DR. LAURA ANNE POTVIN, P.C.
Optometrists

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WELLNESS CARE

WHAT IS IT?

DR. LAURA ANNE POTVIN, P.C.
Optometrists

NOW OFFERING WELLNESS CARE

Practicing Optometrists:

Dr. Kathleen Horn

Dr. Nyla Lambert

Dr. Cathleen Doucette

Dr. Judith Marrocco

Dr. Laura Anne Potvin
Owner and General Manager

Donna Girard, Office Manager
Kelley Bartlett, Dispensing Optician
Deb Schiavoni, Accounts
Rosalie Treadwell, Support Staff
Ann Danis, Data Entry

TAKE THE TIME TO ENSURE YOUR

CONTINUED GOOD VISION!



THERE IS MORE TO YOUR EYES THAN VISION

WHAT IS WELLNESS CARE AND WHY SHOULD I SEEK IT?

WELLNESS CARE

WELLNESS CARE is a form of prevention through documentation, ergonomics and exercise. Most insurance companies do not cover prevention care and will only pay for testing and photo documentation when medically indicated. They never pay for visual training, the training of your eye muscles which improves visual performance.

Wellness care is a progressive form of vision care.

We are proud to offer Wellness Care!

If you can answer yes to any of these questions, you should consider the Wellness Care that is right for you!

- Do you have a positive family history for any medical or ocular disease?
- Do you work with a computer?
- Are you intrigued with photo documentation allowing for accurate visual comparison should your eye change?
- Do you believe in doing tests that could detect problems **before** you have difficulty?
- Do you believe in prevention?

FUNDUS PHOTOGRAPHY

We offer fundus photography to all our patients. Unfortunately, insurance companies only pay for photos if you have a problem. The staff at Dr. Laura Anne Potvin, P.C. is proud to offer screening photos with the Synemed 35 mm fundus camera.

Screening photos offer documentation of the back of your eye. Should anything happen to the back of your eyes, we will have an image to compare the changes to better enabling diagnosis and treatment.



Screening Photos: \$35.00 for both eyes

AUTOMATED PERIMETRY

We have always checked your side vision and will continue to do so. The Humphrey Vision Analyzer is a more sophisticated and sensitive method of testing your peripheral vision. It actually tests the conductivity of your nerves from the back of your eye, the retina, to the back of your brain.

Again, insurance companies will only pay for this with specific diagnoses. However, this test can aid in detecting anything that can occur in the brain that affects the eyes: tumors, strokes, Multiple Sclerosis and.....

So, a screening Visual Field Test with this instrument give us the documentation for comparison if something should happen.....even if you are not aware something is.



Screening Visual Fields: \$45.00 for both eyes

OCT: Optical Coherence Tomography

OCT digitally maps your fundus and optic nerve, measuring the thickness of your nerve fiber layers and looking for abnormalities. It can also measure the thickness of your cornea.

At this time we do not have an OCT but...a colleague of mine owns Mobile Glaucoma Diagnostics. He is willing to do screenings for \$45.00, both eyes. He is available for testing in my office twice a year.

Patient Name:

Date:

Please accept or decline each of the following Wellness options:

Fundus Photo? Y N

Automated Perimetry? Y N

Computer Vision Screening? Y N

Vision Therapy? Y N

Second Pair? Y N

Nutritional Information? Y N